

About the LLRIB

OUR MISSION

To build safe and thriving communities by embracing innovation, promoting healthy lifestyle choices, and delivering quality education rooted in traditional knowledge, culture and mitho-pimatisowin (living a good life). We are committed to empowering our members to achieve independence and resilience for a stronger collective future.

OUR VISION

To be a self-sufficient, resilient Nation grounded in cultural and traditional values that empowers our people to achieve prosperity.

VALUES

- Tìpakìthihtākosiwin – Accountability
- Nihpìminākwān – Transparent
- Kwayaskwātisiwin – Honest
- Kosikwìthimowin – Respectful
- Sìpiyayāwin – Resilient
- Ayākwāmisiwin – Integrity
- Sohkātisiwin – Strength
- Wìcihitowin – Sharing
- Tapāhtìthimowin – Humility
- Nanāskomowin – Thankful

Take the Survey

SCAN QR CODE BELOW OR FOLLOW THE LINK



<https://forms.gle/X4Mtyi6KDgu62F3CA>

All responses remain confidential, anonymous, and protected.



As a thank you, you'll be entered into a draw to win gift cards! 🎁
Submit your entry when you complete our survey.

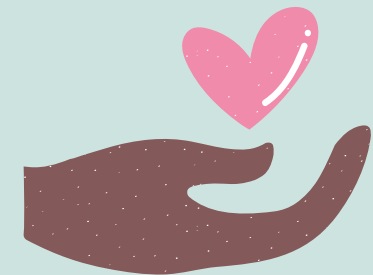
Need support now?

You're not alone. Talk to someone at the Canada-wide Mental Health Helpline:
+1-877-425-3450 (toll free)



Lac La Ronge
Indian Band
(LLRIB)

MENTAL HEALTH COMMUNITY NEEDS ASSESSMENT SURVEY



We're conducting a **Mental Health Community Needs Assessment Survey**, and we need your voice.

This is your chance to share your thoughts, experiences, and ideas on mental health needs where you live.

What is this about?

The survey aims too...

UNDERSTAND MENTAL HEALTH SUPPORTS IN THE COMMUNITY.

What mental health supports does our community already have? What do we still need?

EVALUATE ACCESS TO MENTAL HEALTH CARE.

What gets in the way of people getting the mental health care they need? How can we ensure everyone has access?

IMPROVE SERVICES.

How can we make mental health care, support systems, and services better and easier to reach in our community?

Every response helps build a **stronger, more compassionate community.**

Let's Support One Another.

Mental Health is everyone's concern.

BY PARTICIPATING, YOU'RE HELPING CREATE AN INCLUSIVE, RESPONSIVE, AND HEALTHY ENVIRONMENT FOR:

- Youth
- Elders
- Long-time residents
- Indigenous, racialized, and 2SLGBTQIA+ community members
- Anyone who has struggled, or is still struggling with their mental wellness.

Let's build a community where **no one falls through the cracks.**



YOUR TIME CAN MAKE A DIFFERENCE.

Spread the word. Encourage your friends, family, and neighbors to take part.

See the back of this brochure for the QR code or link to the survey.