



**P & R**

**LLRIB HEALTH SERVICES**

**MENTAL HEALTH**

**ON CALL WEEKENDS: 306-420-4862**

**OBJECTIVE**

To provide on-going  
Support and confidential  
Counselling to LLRIB Members

**SERVICES PROVIDED**

**PHONE INTERVIEWS**  
One-to-one counselling  
Stress management  
Youth, Adults and Elders  
Support for depression & Anxiety

**OFFICE HOURS**

Monday to Friday  
8:00am – 4:30pm  
306-425-9109

**OFFICE LOCATION**

Morin's Hill  
(Behind silver building)

**COMMUNITIES SERVED**

LAC LA RONGE BAND MEMBERS  
GRAND MOTHERS BAY  
SUCKER RIVER  
HALL LAKE  
LITTLE RED RIVER

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