



# LLRIB-HEALTH SERVICES: PREVENTION & RECOVERY

## OBJECTIVE

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To provide on-going support to LLRIB Members during the COVID-19 protective measures.

## OFFICE HOURS

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### Phone Interviews

Call: 306-425-9109

### Monday to Friday

(exception public holidays)

**Hours:** 8:00 am – 4:30 pm

### Fax

306-425-9108

## OFFICE LOCATION

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Morin's Hill  
(Behind the Silver Building)  
Lac La Ronge Indian Band  
Reserve

## SERVICES PROVIDED

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### PHONE INTERVIEWS

One-to-one counseling  
Youth, Adults and Elders  
Stress management  
Support for Depression

### EMERGENT NEEDS

Anxiety, depression or thoughts of self-harm. We are implementing social distancing efforts (two arm's length apart) during interviews as advised by Health Canada.

## COMMUNITIES SERVED

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### LAC LA RONGE INDIAN BAND MEMBERS:

LA RONGE

GRAND MOTHER'S BAY

SUCKER RIVER

HALL LAKE

LITTLE RED RIVER

Receive confidential counselling during regular hours.  
4 Therapists are scheduled to be of support for the Lac La Ronge Indian Band membership.



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