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Lac La Ronge Indian Band

Hope in Motion

The LLRIB Scoop for the week February 27 to March 3, 2017 with a look at the new look at JRMCC. This newsletter highlights LLRIB community events and stories.

Current Developments

- ¥ Lac La Ronge Indian Band Health Services and Health Canada: Mental health therapists from Health Canada continue to work with LLRIB Health Services and providing support in all LLRIB communities. Those who need mental health services may call Prevention and Recovery at 425-9109. LLRIB Health is coordinating and continuing to provide services through the Youth Support Workers and the Red Cross.
- ¥ ICFS: Child and Family Services Agency Inc. services include Child Protection Services 306-425-5511; The Family Services Unit provides a number of mandatory services to parents to establish a plan for the care of children, childcare services, aids to parents and the voluntary surrender of guardianship. 306-425-1055; Foster care 306-425-5511; and the Prevention Services Unit is a community based Family Support Program, which places emphasis on establishing community resources that support families through preventative measures. 306-425-5509.
- ¥ Youth Support Workers have been hired in most of the communities and they have been planning and hosting events in their communities. If you would like to contact a Youth Support Worker in your community for more information, please contact your local band office.
- ¥ LLRIB General Election 2017: Four new polling stations have been added to the original six for the first time for this Election. The new polling stations are in Brabant Lake, Pinehouse Lake, Prince Albert and Saskatoon. The location of the polling stations within the four communities has yet to be determined.
 - **The Polling stations** will be at the following sites: Electoral Section One (1): Little Red River reserve #106C and #106D; Electoral Section Two (2): Grandmother's Bay Reserve #219; Electoral Section Three (3): Morin Lake Reserve #217; Electoral Section Four (4): Nemeiben River Reserve #156C;

Electoral Section Five (5): Stanley Mission Reserve #157; Electoral Section Six (6): Lac La Ronge Reserve #156 and Kitsaki reserve #156B; the community of Pinehouse Lake at Village Hall; the community of Brabant Lake at Village Hall; the urban centre of Prince Albert at Salon A, Prince Albert Inn, and the urban centre of Saskatoon in the Saskatchewan Room of the Ramada Inn.

Anyone wishing to run for Chief or Councillor positions must be: on the Lac La Ronge Indian Band member list, 18 years of age or over and have a clear Criminal Record Check.

Milton Burns is the Chief Electoral Officer for the 2017 General Election. He can be reached at 306-425-2183, 1-306-222-1478 (C) or email: elections@llrib.ca Last working day for Chief and Council: Tuesday, Feb. 28. Notice of Nomination Day: Wednesday, March 1. Nomination Day (all six original electoral sections): Friday, March 10. Advance Polls (all 10 polling stations): Wednesday, March 22. Election Day (all 10 polling stations): Friday, March 31: Swearing in Ceremonies/First Day of Office: Monday, April 3.

Online programming

- ¥ REPORT BULLYING SK Information available at www.iamstronger.ca
- ¥ WEMATTERCAMPAIGN: information available by email info@wemattercampaign.org or Facebook page fb.me/WeMatterCampaign; or online to wemattercampaign.org

Ongoing Programming

- ¥ Little Kohkum's Club: at Piwapan Outreach Centre (former Java Shack) Tuesdays and Thursdays. Wednesdays: Little Moshum's Club. For info call 306-425-3910.
- ¥ Elders Tea and Social: Thursdays throughout March at the Kikinahk Friendship Centre. For info call 306-425-2051.
- ¥ Caregivers and Tots Open Gym Time: Tuesdays between 1:30 p.m. and 3 p.m. at the Kikinahk Friendship Centre. For info call 306-425-2051.
- **¥** Parent Support and other Groups:
- ¥ La Ronge: at the Brown building in Fairchild (123 Royal Street) on Wednesdays with transportation available both ways. For the first time the PPP Teen Parenting program started Wednesday, Jan. 11 and will continue for eight weeks. For information call Susan or Wendy at 306-425-5509.
- ¥ Senator Myles Venne School (SMVS): Mondays: Yoga Club and Gr. 5/6 Basketball. Tuesdays: Resume/Job Search Workshop. Tuesdays and Thursdays: Archery, Jr. Basketball and (plus Saturday) Open Gym Nights. Wednesdays: Homework Club, Computer Club and Family Literacy Night. New Clubs: Boys Club, Youth events, Post-Secondary Tour, Aboriginal Shield. Driver Training starts in April. For transportation or information call 306-425-2478.
- ¥ Bell's Point Elementary School (BPES): After school programming at 3:30 p.m., 6 p.m. and 7:30 p.m.: No programming March 1, 2 and 3. Monday March 6: Open Gym, Bound Ball and Basketball. Tuesday, March 7: D.I.Y. Projects, Moccasin Making (Tuesdays and Thursdays throughout March 6 p.m. to 8 p.m.) and Volleyball. Wednesday, March 8: Basketball, Blind Volleyball and Open Gym.

- Thursday March 9: Computers and Lego Building, Moccasin making and Bound Ball. Friday, March 10: Snowshoeing (weather permitting), Volleyball and Basketball. Monday March 13: Floor Hockey, Open Gym and Volleyball. Tuesday, March 14: D.I.Y. Projects, Bound Ball, Blind Volleyball. No Programming Thursday, March 15. Friday, March 17: Crafts, Basketball and Open Gym. Monday March 20: Badminton, Volleyball and Basketball. Tuesday, March 21: D.I.Y. Projects, Moccasin making, Floor Hockey. Wednesday, March 22: Basketball, Badminton and Bound Ball. Thursday, March 24: Skiing (weather permitting), Open Gym and Basketball. Monday, March 27: Volleyball, Badminton and Basketball. Tuesday March 28: D.I.Y. Projects, Moccasin Making, and Blind Volleyball. Wednesday, March 29: Open Gym, Volleyball and Floor Hockey. Thursday, March 30: Computers and Lego Building, Moccasin Making and Volleyball. Friday, March 31: Snowshoeing (weather permitting), Open Gym and Basketball. For information call 306-420-5730.
- ¥ Hall Lake: First Wednesday of each month presentations are provided on various topics at Sally Ross School. Every Thursday: Cooking and Parenting at the ICFS trailer. For info call 306-425-3536.
- ¥ Sally Ross School Gym schedule: Monday to Thursday Basketball, Monday and Wednesday: Kids Gym, Badminton and Volleyball. Tuesday: Kickball and Floor Hockey. Thursday: Dodgeball and Floor Hockey. Friday: Kids' Soccer, Archery for 14 and up and Basketball. For info call 306-425-5041.
 - **At New Youth House #342B:** Boy's Support Group on Tuesdays; Girl's Support Group on Thursdays; and Cooking and Baking on Wednesdays. For information call 306-425-8075.
- ¥ Stanley Mission: evening programming is ongoing: Monday: Elder's Bingo (Monday, Wednesday and Friday), Activities at the RHM Library Gr. 3 to 9 (Monday and Tuesday), Men's Counselling at Elders Centre, Women's Fit at Sub Office (Monday through Thursday), Men's Fit at Sub Office (Monday through Thursday), Women's Volleyball at KES (Monday and Wednesday) and Men's Night at RHM Gym; Tuesday: Women's Counselling at the Elder's Centre, Boot Camp at the Gym (Tuesday and Thursday), Co-ed Night at the RHM Gym Wednesday: Parenting at ICFS Building (Wednesday and Thursday), AA Meeting at the Clinic. Thursday: Youth programming at the ICFS Building, Adult Sewing at Elder's Enter (Thursday and Friday). For information call the Clinic at 1-306-635-2090.
- ¥ Stanley Mission Youth Centre: Bowling Alley: Closed Mondays. Open Tuesday through Sunday.
- ¥ Youth Centre: Sunday and Tuesday: Baking and Cooking; Monday and Wednesday: Crafts; Thursday: Movie Night; Friday and Saturday: Unspecified activities. For info call the Youth Workers at 306-635-2222.
- ¥ Sucker River: Monday: Gym Night. Tuesday: Cooking Class for Youth. Wednesday: Youth Night at EMMC. Thursday: Traditional Teachings and snacks at SR. For information call 306-425-5590.

- ¥ Grandmother's Bay: Monday: square dancing, boys Group for Grades 3/4/5, Badminton, computers/homework. Tuesday: Skiing for 8/9 year olds, Div. Creative Dancing group, Div. 3 Line Dancing, boys Group Grades 3/4/5, Badminton, Open rink. Wednesday: Div. 3 Creative group, Movie Club, Archery, Volleyball Co-ed Gr. 7/8/9. Thursday: Div. 2 Creative Group Dancing, Girl's Club, Badminton, open rink. Friday: High School student Gym Use. The Gym is open nightly to the community. For information call 306-635-2276.
- ¥ Little Red River: Wednesday: Parent Support Group; Monday: Girl's Group; Tuesday: Youth Therapeutic Art Group and Circle Talk, lunch and refreshments; Youth Drop In including wellness presentations for G.E.D. students. All programs at the ICFS trailer. For information call the Prevention Service Worker at 306-982-2314. Monday through Saturday: Gym Nights at the school. For information call the school at 306-982-4433.
- ¥ Sewing: The Youth Support workers continue with sewing classes for youth on Friday afternoons at the Little Red River Health Centre.
- ¥ 1ST La Ronge Girl Guides three active units Sparks for girls 5 and 6 (K and Gr.1) meet. at the Pre-Cam School library. Brownies for girls 7 and 8 (Gr. 2 and 3), meet Wednesdays at the Gordon Denny Community School library. Girl Guides for girls 9 to 11 (Gr. 4 to 6) meet on Wednesday in the Pre-Cam Community School library. For info email Nikki Beaudin at nikkibeaudin@nlsd113.ca

Upcoming events:

- **Kisewatotatowin (Loving, Caring, Sharing, Respect):** Aboriginal Parenting 7-week Program began Tuesday, Feb. 14 at 10 a.m. to 4 p.m. at the Josephine Halkett Centre Little Red River. For info call 306-982-2511.
- Senator Myles Venne School 4 Hour Fish Derby Any Species: Saturday, March 11 between 11 a.m. to 3 p.m. at Bigstone Lake. Registration 9a.m. to 11 a.m. For information to early registration call 306-425-2478.
- **Girls Club**: at Churchill Community High School Wednesdays between 3:30 p.m. and 4:30 p.m. For info call Joni Menz at 306-425-2255.
- Mental Health First Aid A First Nation perspective: March 1, 2 and 3rd, 2017. For more info or to register call 306-425-3910.
- Little Red River celebrates International Women's Day (IWD): Wednesday, March 8. For info call 306-425-9109.
- International Women's Day Banquet and Dance: Friday, March 3 at the La Ronge Hotel and Suites. For information and tickets (free) call 306-420-9946.
- International Women's Day Spa Day, *Be Bold for Change*: Wednesday, March 8 at the La Ronge Hotel and Suites. The program includes opening speeches, a workshop, booth, lunch and an afternoon of self-care. For information call Piwapan Outreach at 306-420-9946.
- **Saskaloppet:** Kapesewin (overnight) ski and camp on Friday, March 3 and races on Saturday, March 4. For info or to volunteer call Dorothy Looyestein at 306-425-7328.

- We Matter Campaign creators visit: Tunchai and Kelvin Redvers, will be in Lac La Ronge March 15 to 18 and Stanley Mission March 20 to 23. More information coming soon.
- **ASIST Training**: at the JRMCC the last week of March. Dates TBA.
- Little Red River School Winter Festival: Friday, March 3.
- Amachewespimawin Stanley Mission 37th Annual Winter Festival 2017: Monday, March 6: Skate Disco (Arena); Tuesday, March 7: Youth Talent Show; Wednesday, March 8: Talent Show Band Hall (Grand Ole Opry); Thursday, March 9: Snow Machine Parade, Fireworks and fun events; Friday, March 10: Snowshoe Baseball, Band Staff Challenge and after bingo, Trapper Events and Darts; Saturday, March 11: Pancake Breakfast and continuation of Trapper events and at the Band Hall: Jigging Contest, Buckskin and Awards and Crowning of Festival King and Queen; Sunday, March 12: Fish Derby between 9 a.m. and 6 p.m.
- Sucker River Winter Festival: March 22 to 26.
- Team LLRIB Tryouts, for the FSIN Youth Hockey Championships: March 26 at the JRMCC. For information call 306-425-4852 or 306-425-7260.
- **Teen Girls Wellness Group**: Registration between March 27 and 31 at the JRMCC for girls in Gr. 6 to 8. For information call 306-425-8161.

Kid's Help Line: 1-800-668-6868. Emergency: 911; Saskatchewan Health Line: 811 First Nations and Inuit Hope for Wellness Help Line: 1-855-242-3310. Counselling is available 24/7 in Cree and English.

Piwapan Crisis Line at 306-425-4090, which is located in La Ronge.

Staff at the Lac La Ronge Indian Band shared with Kathy Charles as she celebrated 30 years of employment with the Band on Friday, March 3.



Tom Jackson brings music and laughter to Lac La Ronge



Chief Tammy Cook-Searson, Irene Thomas and Trudy Connor wrap Tom Jackson in a Star Blanket to honour him for the work he's done for youth and Food Banks across the country.

By Valerie G. Barnes-Connell

After almost a month on the road travelling between St. John's Nfld and Victoria, B.C., Tom Jackson added Lac La Ronge onto the 2016 Huron Carole Tour.

Hearing of the recent youth crisis in the area, Jackson added Lac La Ronge to the 2016 Tour in support of the Lac La Ronge Food Bank and to bring some music, smiles and laughter to the community.

The concert began with Chief Tammy Cook-Searson, Trudy Connor, representing the Lac La Ronge Food Bank and Irene Thomas, representing youth, wrapping Jackson with a Star Blanket to honour him in appreciation for the work he does in support of youth and Food Banks across the country.

"What we're bringing here to the community is the integral spirit of what the Huron Carole is. And when we leave we hope that everybody understands that. Everybody understands that there is a nature out there that is positive, a nature out there that's healing ... that is available to all," he said in an interview.

At a time in his life when he was down and out, Jackson met a man who was also homeless, reached out to him and it changed his life forever, Jackson told the audience gathered at Senator Myles Venne School for the concert Sunday, Dec. 18.

One of the results of that change is the Huron Carole Tour, Jackson started 29 years ago in support of Food Banks in communities across the country.

Although there have been changes to the Tour over the year, "the purpose hasn't," Jackson said.

Defeating Hunger – Feeding the Soul is the motto of the Huron Carole, founded in 1987 by Tom Jackson.

When asked what he would say to youth who were struggling, Jackson said, it's something he doesn't have the answer to.

"I don't exactly know how to adequately nurture somebody when something in their world has failed ... I'm not smart enough to cure the world ... I'm smart enough to know how to come here and make people smile, to give them a sense of celebrating and start the healing process by smiling, finding something that makes them happy ... I'm quite committed to positive reinforcement, that's what I'm committed to, almost to a fault."

If a youth has an idea what they want to do in life, Jackson said, his advice is to "stay on the path of doing."

Should the film industry be an ambition, for example, "Learn everything about the film business ... how to run a camera, figure out what sound design looks like... be thirsty for knowledge and satisfy that thirst."

He also travelled for many years representing the Canadian Association for Suicide Prevention, which gave him the opportunity to work with youth in more than 100 communities doing workshops that led to a community-based doctrine tailored to the needs of youth in their community.



Tom Jackson added Lac La Ronge to the Huron Carole Tour for 2016.

"The by-product was intervention,"

he said. The final document remained with the particular community.

Along with his passion for music, a highlight of Jackson's career was receiving a Governor General's Performing Arts Award for Lifetime Artistic Achievement in 2014. He was made an Officer to the Order of Canada in 2000 and has received many other accolades and awards including being named Chancellor of nine universities.

In his long career, Jackson worked as a singer, actor, director and producer in film and television.

Weather prevented Jackson and the Huron Carole Tour from fulfilling their commitment to provide a concert in Brandon, Man. Dec. 8, although they did an impromptu concert in neighbouring Virden while forced to stop travelling due to a highway closure caused by storm conditions.

Jackson left La Ronge following the concert heading to Brandon to complete the Huron Carole's commitment before returning home to Calgary for Christmas celebrations with his family.

"It's great! It's wonderful!"

Photos by Valerie G. Barnes-Connell

Next week

WeMatter Campaign organizers coming to Lac La Ronge, March 15 to 18 and Stanley Mission in March 20 to 23.

For information on events in your community contact:

Valerie G. Barnes-Connell 306-420-8648 valerie.barnes-connell@llrib.ca

The REOC is an information-sharing hub where each community can easily access contacts for staffing support, expertise and resources from key partnering agencies.

Broomfest

1st Snipers 2nd Nitros 3rd Lostdog

King Trapper

1st Norman McKenzie 2nd Richard Charles 3rd John Remenda

Queen Trapper

1st Clarissa Burns 2nd Sylvia McKenzie 3rd Nora Charles

Jimmy Roberts Memorial Hockey Tournament

1st LA Huskies 2nd Southend Sabres 3rd 209ers

All-Star Awards

Top Scorer Gabe Gardipy (Southend Sabres)
Best Defence Dylan Smallchild (Southend Sabres
Most Sportsmanlike Nathan Arnott (LA)
Best Goalie Jordan Bell (LA Huskies)
MVP Wendall Petit (LA Huskies)

Ladies Division

1st She-Devils 2nd Power Rangers 3rd Nora's Girls

All-Star Awards

Top scorer Danny Stone (She-Devils)
Best Defence Lisa Dohm (She-Devils)
Most Sportsmanlike Jade Roberts (Power
Rangers)
Best Goalie Tiffany Starchief (Power
Rangers)
MVP Stacy Ward (She-Devils)



Chrissy Charles Memorial Volleyball Tournament Men's Division

1st sKILLS 2nd Pinehouse 3rd Red Rockets

All Star Awards

Best Hitter George Corrigal (Pinehouse) Best Setter Prestin Fleming (sKILLS) MVP James Thomas (sKILLS)

Chrissy Charles Memorial Volley Ball Tournament Women's Division

1st I'd Hit That 2nd Tame Stanley 3rd GMB

All Star Awards

Best Hitter Allanah Ratt (I'd Hit That) Best Setter Morgan Bird (I'd Hit That) 3fs Jessica Bird (I'd Hit That)

Kids (0-10 Buckskin Contest

1st Dusty Dustyhorn 2nd Clara Carr 3rd Alyssa Sanderson

Youth (11 to 18)

Pesim Searson

Buckskin

1st Wanda McKenzie-Thimpsen 2nd Sally McKenzie 3rd Adele Bell

Baby Boy Pageant

1st Colby Ballantyne 2nd Carter Nielsen 3rd Charlie Clarke

Baby Girl Pageant

1st Payton Isbister 2nd Isabella McKenzie 3rd Annie Clarke

Komosum/Kokum Pageant

1st Nancy Ross 2nd Randy McKenzie 3rd Edna Mirasty