

ADMINISTRATION  
BOX 480  
LA RONGE, SK  
S0J 1L0  
PHONE: (306) 425-2183  
FAX: (306) 425-5559



**Lac La Ronge  
Indian Band**

## Hope in Motion

*The LLRIB Scoop for the week February 13 to February 17, 2017 with a look at the new look at JRMCC. This newsletter highlights LLRIB community events and stories.*

**Please Share!**

### **Current Developments**

- ¥ **Lac La Ronge Indian Band Health Services and Health Canada:** Mental health therapists from Health Canada continue to work with LLRIB Health Services and providing support in all LLRIB communities. Those who need mental health services may call Prevention and Recovery at 425-9109. LLRIB Health is coordinating and continuing to provide services through the Youth Support Workers and the Red Cross.
- ¥ **ICFS:** Child and Family Services Agency Inc. services include Child Protection Services 306-425-5511; The Family Services Unit provides a number of mandatory services to parents to establish a plan for the care of children, childcare services, aids to parents and the voluntary surrender of guardianship. 306-425-1055; Foster care 306-425-5511; and the Prevention Services Unit is a community based Family Support Program, which places emphasis on establishing community resources that support families through preventative measures. 306-425-5509.
- ¥ **Youth Support Workers** have been hired in most of the communities and they have been planning and hosting events in their communities. If you would like to contact a Youth Support Worker in your community for more information, please contact your local band office.
- ¥ **Holidays:** Schools will be closed Monday, Feb. 20 through Friday, Feb. 24. **LLRIB holidays:** Family Day on Monday, Feb. 20 and Chief James Roberts Day on Tuesday, Feb. 21.
- ¥ **LLRIB General Election 2017: Four new polling stations** have been added to the original six for the first time for this Election. The new polling stations are in Brabant Lake, Pinehouse Lake, Prince Albert and Saskatoon. The location of the polling stations within the four communities has yet to be determined.  
**The Polling stations** will be at the following sites: Electoral Section One (1): Little Red River reserve #106C and #106D; Electoral Section Two (2):

Grandmother's Bay Reserve #219; Electoral Section Three (3): Morin Lake Reserve #217; Electoral Section Four (4): Nemeiben River Reserve #156C; Electoral Section Five (5): Stanley Mission Reserve #157; Electoral Section Six (6): Lac La Ronge Reserve #156 and Kitsaki reserve #156B; the community of Pinehouse Lake; the community of Brabant Lake; the urban centre of Prince Albert, and the urban centre of Saskatoon.

Anyone wishing to run for Chief or Councillor positions must be: a Lac La Ronge Indian Band member, 18 years of age or over and have a clear Criminal Record Check.

**Milton Burns is the Chief Electoral Officer** for the 2017 General Election. He can be reached at 306-425-2183, 1-306-222-1478 (C) or email: elections@llrib.ca

**Last working day for Chief and Council:** Tuesday, Feb. 28. **Notice of Nomination Day:** Wednesday, March 1. **Nomination Day (all six original electoral sections):** Friday, March 10. **Advance Polls (all 10 polling stations):** Wednesday, March 22. **Election Day (all 10 polling stations):** Friday, March 31: **Swearing in Ceremonies/First Day of Office:** Monday, April 3.

#### **Online programming**

¥ **REPORT BULLYING SK** Information available at [www.iamstronger.ca](http://www.iamstronger.ca)

¥ **WEMATTERCAMPAIGN:** information available by email

[info@wemattercampaign.org](mailto:info@wemattercampaign.org) or Facebook page [fb.me/WeMatterCampaign](https://www.facebook.com/WeMatterCampaign); or online to [wemattercampaign.org](http://wemattercampaign.org)

#### **Ongoing Programming**

¥ **Little Kohkum's Club:** at Piwapan Outreach Centre (former Java Shack) Tuesdays and Thursdays. Wednesdays: Little Moshum's Club. For info call 306-425-3910.

¥ **Elders Tea and Social:** Thursdays beginning Thursday, Feb. 9 at the Kikinahk Friendship Centre. For info call 306-425-2051.

¥ **Caregivers and Tots Open Gym Time:** Tuesdays between 1:30 p.m. and 3 p.m. at the Kikinahk Friendship Centre. For info call 306-425-2051.

#### **¥ Parent Support and other Groups:**

¥ **La Ronge:** at the Brown building in Fairchild (123 Royal Street) on Wednesdays with transportation available both ways. For the first time the PPP Teen Parenting program started Wednesday, Jan. 11 and will continue for eight weeks. For information call Susan or Wendy at 306-425-5509.

¥ **Senator Myles Venne School (SMVS):** Mondays: Yoga Club and Gr. 5/6 Basketball. Tuesdays: Resume/Job Search Workshop. Tuesdays and Thursdays: Archery, Jr. Basketball and (plus Saturday) Open Gym Nights. Wednesdays: Homework Club, Computer Club and Family Literacy Night. New Clubs: Boys Club, Youth events, Post-Secondary Tour, Aboriginal Shield. Driver Training starts in April. For transportation or information call 306-425-2478.

¥ **Bell's Point Elementary School (BPES):** After school programming at 3:30 p.m., 6 p.m. and 7:30 p.m.: Friday, Feb. 17: Snowshoeing (weather permitting), Basketball and Volleyball. Monday Feb. 20: Holiday. Tuesday, Feb. 21 through Friday, Feb. 24: Programming between noon and 4 p.m. Monday, Feb. 27: Open

Gym, Basketball and Volleyball. Tuesday, Feb. 28: Skiing (weather permitting), Volleyball and Open Gym. For information call 306-425-5600.

¥ **Hall Lake:** First Wednesday of each month presentations are provided on various topics at Sally Ross School. Every Thursday: Cooking and Parenting at the ICFS trailer. For info call 306-425-3536.

¥ **Sally Ross School Gym schedule:** Monday to Thursday Basketball, Monday and Wednesday: Kids Gym, Badminton and Volleyball. Tuesday: Kickball and Floor Hockey. Thursday: Dodgeball and Floor Hockey. Friday: Kids' Soccer, Archery for 14 and up and Basketball. For info call 306-425-5041.

**At New Youth House #342B:** Boy's Support Group on Tuesdays; Girl's Support Group on Thursdays; and Cooking and Baking on Wednesdays. For information call 306-425-8075.

¥ **Stanley Mission:** evening programming is ongoing: Monday: Healing, Sharing Circles at the Clinic; Tuesday to Friday: Exercise Night at the (Home Care office); Tuesday: Health Nutritional Cooking Classes at the (Home Care Office) and Men's at 325 B McLeod Street; Wednesday: AA Meeting in Clinic Board Room; Thursday: Sewing Club at the (Old Drop in) and Women's Programming at 325 B McLeod Street. For information call the Clinic at 1-306-635-2090.

¥ **Stanley Mission Youth Centre:** Bowling Alley: Closed Mondays. Open Tuesday through Sunday.

¥ **Youth Centre:** Sunday and Tuesday: Baking and Cooking; Monday and Wednesday: Crafts; Thursday: Movie Night; Friday and Saturday: Unspecified activities. For info call the Youth Workers at 306-635-2222.

¥ **Sucker River:** Monday: Gym Night. Tuesday: Cooking Class for Youth. Wednesday: Youth Night at EMMC. Thursday: Traditional Teachings and snacks at SR. For information call 306-425-5590.

¥ **Grandmother's Bay:** Monday: square dancing, boys Group for Grades 3/4/5, Badminton, computers/homework. Tuesday: Skiing for 8/9 year olds, Div. Creative Dancing group, Div. 3 Line Dancing, boys Group Grades 3/4/5, Badminton, Open rink. Wednesday: Div. 3 Creative group, Movie Club, Archery, Volleyball Co-ed Gr. 7/8/9. Thursday: Div. 2 Creative Group Dancing, Girl's Club, Badminton, open rink. Friday: High School student Gym Use. The Gym is open nightly to the community. For information call 306-635-2276.

¥ **Little Red River:** Wednesday: Parent Support Group; Monday: Girl's Group; Tuesday: Youth Therapeutic Art Group and Circle Talk, lunch and refreshments; Youth Drop In including wellness presentations for G.E.D. students. All programs at the ICFS trailer. For information call the Prevention Service Worker at 306-982-2314. Monday through Saturday: Gym Nights at the school. For information call the school at 306-982-4433.

¥ **Sewing:** The Youth Support workers continue with sewing classes for youth on Friday afternoons. The group completed Moss Bag and are working on moccasins at the Little Red River Health Centre.

¥ **1<sup>ST</sup> La Ronge Girl Guides** – three active units – Sparks for girls 5 and 6 (K and Gr.1) meet. at the Pre-Cam School library. Brownies for girls 7 and 8 (Gr. 2 and 3), meet Wednesdays at the Gordon Denny Community School library. Girl Guides for girls 9 to 11 (Gr. 4 to 6) meet on Wednesday in the Pre-Cam Community School library. For info email Nikki Beaudin at [nikkibeaudin@nlsd113.ca](mailto:nikkibeaudin@nlsd113.ca)

**Upcoming events:**

- **Family Fish Derby:** Bigstone Lake on Sunday, Feb. 19 noon to 5 p.m. Registration begins at 11 a.m. No entry fee.

- **6<sup>th</sup> Annual Jimmy Roberts Memorial Hockey Tournament:** at the JRMCC between Friday, Feb. 24 and Sunday, Feb. 26. For info call Kevin Roberts at 306-425-4852 (w) or 306-420-7529.

- **Kisewatotatowin (Loving, Caring, Sharing, Respect):** Aboriginal Parenting 7-week Program began Tuesday, Feb. 14 at 10 a.m. to 4 p.m. at the Josephine Halkett Centre Little Red River. For info call 306-982-2511.

- **La Ronge:** 2017 Lac La Ronge Trapper's Winter Festival Feb. 17 to 26. A calendar of events is available at the Jonas Roberts Memorial Community Centre or online at [www.jrmcc.ca](http://www.jrmcc.ca) or call 306-425-4852.

Friday, Feb. 17: AREVA Classic Atom Tournament (continues through Saturday and Sunday) at Mel Hegland Arena and MusicFest at JRMCC, Saturday, Feb. 18: Breakfast fundraiser at JRMCC, Broomfest Co-ed Broomball Tournament at Bell's Point Elementary School and Craft Fair at JRMCC. Monday, Feb. 20: Family Fun Fish Derby at Bell's Point Beach

and Family fun Night at the JRMCC. Tuesday, Feb. 21: Fiddling Showcase and Jigging/Square Dance Competition. Wednesday, Feb. 22: Elder's Lunch and Bingo at JRMCC, Youth Talent Show case (18 and under) at JRMCC and Disco-on-Ice Family Skate Night. Thursday, Feb. 23: "Battle of the Bellies" Hockey Fundraiser – PAGC Chiefs vs LLRIB at JRMCC Arena and Traditional Games Tournament at JRMCC. Friday, Feb. 24: Texas Hold'em Tournament at JRMCC, 6<sup>th</sup> Annual Jimmy Roberts Memorial 3-Division Hockey tournament at JRMCC Arena (continues Saturday and Sunday). Saturday, Feb. 25: Breakfast Fundraiser at JRMCC 6<sup>th</sup> Annual Chrissy Charles Memorial Volleyball Tournament, King and queen Trapper events (continues Sunday) and Festival Fundraiser Cabaret. Sunday, Feb. 26: Community Buckskin Contest and Pageant Crowing and Draws.

- **Pink Shirt Day:** Wednesday, Feb. 22. Participants in the Youth Employment Program (YEP) plan activities with a focus on Bullying Prevention in the Workplace and will conclude with a Bullying Prevention Awareness event in the community on Friday, February 24<sup>th</sup>. YEP participants will walk around the reserves in Lac La Ronge delivering Pink Shirt Day cookies. In order to receive a cookie, a person must tell the youth: what bullying means to them, or how do they prevent bullying in the workplace or how do they respond to bullying. For more info call 306-425-1757.

- **Hall Lake Talent Show:** Saturday, Feb. 25 between 1 p.m. and 6 p.m.

- **Polly Halkett Memorial Fish Derby:** Sunday, Feb. 26 10 a.m. to 5 p.m. For info call Donald Halkett at 306-425-2734, Yvonne Roberts at 306-425-2008, Ken or Nora at 306-425-5377.
- **Girls Club:** at Churchill Community High School Wednesdays between 3:30 p.m. and 4:30 p.m. For info call Joni Menz at 306-425-2255.
- **Mental Health First Aid – A First Nation perspective:** March 1, 2 and 3<sup>rd</sup>, 2017. For more info or to register call Karen Sanderson at 306-425-3910, or email exedir.piwapan@sasktel.net.
- **Saskaloppet:** Kapesewin (overnight) ski and camp on Friday, March 3 and races on Saturday, March 4. For info or to volunteer call Dorothy Looyestein at 306-425-7328.
- **We Matter Campaign creators visit:** Tunchai and Kelvin Redvers, will be in Lac La Ronge March 15 to 18 and Stanley Mission March 20 to 23. More information coming soon.
- **ASIST Training:** at the JRMCC the last week of March. Dates TBA.
- **Family Day Fish Derby in Stanley Mission:** Monday, Feb. 20 1 p.m. to 5 p.m. **Family Dance** in the evening.
- **Amachewespimawin Stanley Mission 37th Annual Winter Festival 2017:** Monday, March 6: Skate Disco (Arena); Tuesday, March 7: Youth Talent Show; Wednesday, March 8: Talent Show Band Hall (Grand Ole Opry); Thursday, March 9: Snow Machine Parade, Fireworks and fun events; Friday, March 10: Snowshoe Baseball, Band Staff Challenge and after bingo, Trapper Events and Darts; Saturday, March 11: Pancake Breakfast and continuation of Trapper events and at the Band Hall: Jigging Contest, Buckskin and Awards and Crowning of Festival King and Queen; Sunday, March 12: Fish Derby between 9 a.m. and 6 p.m.
- **Teen Girls Wellness Group:** Starting again at the end of March at the JRMCC for girls in Gr. 6 to 8.

***Kid's Help Line: 1-800-668-6868. Emergency: 911; Saskatchewan Health Line: 811  
First Nations and Inuit Hope for Wellness Help Line: 1-855-242-3310.*** Counselling is available 24/7 in Cree and English.

***Piwapan Crisis Line at 306-425-4090,*** which is located in La Ronge.

New centre in Morin's Hill - a place for youth  
By Valerie G. Barnes-Connell

With the closure of SARCAN on Morin's Hill a few years ago, building space became available, opening an opportunity for more space to fill the needs of the community.

Over the years, renovations have been made to the building, various plans discussed and restoration work is close to completion.

With a focus on youth, the building will have a youth centre to serve the Morin's Hill, Jack Pine and 101 reserves.

In the fall of 2016, the Lac La Ronge Indian Band (LLRIB) hired Youth Support Workers in all the communities, five in the Lac La Ronge area, to work with youth. They will work out of the new centre in Morin's Hill.

They received training through the Red Cross and participated in such educational initiatives as the Prince Albert Grand Council's (PAGC) *Community as Medicine Gathering* in December and the *Ignite Your Life* event in Saskatoon. They provide recreational and other opportunities for youth in the communities. Along with this new centre, there is ongoing evening and weekend youth programming at Senator Myles Venne School (SMVS), Bell's Point Elementary School (BPES) and the Jonas Roberts Memorial Community Centre (JRMCC) and work is underway to open a centre in Bigstone.

While the first advice was to tear down the building, a group of people, including councillors Sam Roberts and Ann Ratt, saw a need and felt something useful could be done with the building.

At the time there was a need with alcohol and drug addictions issues and other potential uses, and the process continued to find a suitable use for the building.

Community consultations were held and the vote, which was part of the Ammunition and Twine Settlement, came clear, the building was needed, as an addictions and wellness centre. The focus changed somewhat with the move by the Band to establish a regional wellness treatment recovery.

Over the years there have been negotiations with the provincial government, but nothing came to fruition. "Everything was good on paper. They were all for it, but, because it was going to be on-reserve, they pulled their funding," Coun. Ratt said.

"The federal government won't fund any kind of building that's like that on-reserve," Coun. Roberts said. There was a decision not to finance work on the building through bank loans or a mortgage.

Using dividends from their share of funds from Kitsaki Management Limited Partnership (KMLP), the Lac La Ronge Indian Band's (LLRIB) economic development arm, along with some grant monies, the beautiful new building is almost ready for occupancy with an investment of approximately \$300,000.

The building has been renovated into two sections. The east-wing's intended for use by people coming from out of town for wakes and funerals so they don't have the expense of hotels.

It has a kitchen/eating area, two regular washrooms and a wheelchair-accessible one, a shower room, laundry room and seven bedrooms. The door opens just across the driveway to Kitsaki Hall.

In the west-wing there is space for a youth centre, a meeting room, a classroom, five office spaces, two regular washrooms and a wheelchair-accessible one, a shower, laundry room and a coffee/tea room.

There is a rental agreement with the Lac La Ronge Indian Band Health Services for the west-wing area, which will still be providing addictions and wellness services for Band members.



Youth Centre for Morin's Hill.



A place for people from out of town coming for wakes and funeral to



Renovated building includes a youth centre at Morin's Hill.

“The building will pay for itself with the rent,” Coun. Roberts said.

Photos by Valerie G. Barnes-Connell

**Next week**

Watch for news about the 2017 Lac La Ronge Trapper’s Winter Festival.

**For information on events in your community contacts:**

**Valerie G. Barnes-Connell**  
**306-420-8648**  
**valerie.barnes-connell@llrib.ca**

*The REOC is an information-sharing hub where each community can easily access contacts for staffing support, expertise and resources from key partnering agencies.*