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Lac La Ronge Indian Band

Hope in Motion

The LLRIB Scoop for the week of January 30 to February 3, 2017 with a look at the Stanley Mission Youth Centre. This newsletter highlights LLRIB community stories.

Please share!

Current Developments

- **Lac La Ronge Indian Band Health Services and Health Canada:** Mental health therapists from Health Canada continue to work with LLRIB Health Services and providing support in all LLRIB communities. Those who need mental health services may call Prevention and Recovery at 425-9109. LLRIB Health is coordinating and continuing to provide services through the Youth Support Workers and the Red Cross.
- **ICFS:** Child and Family Services Agency Inc. services include Child Protection Services 306-425-5511; The Family Services Unit provides a number of mandatory services to parents to establish a plan for the care of children, childcare services, aids to parents and the voluntary surrender of guardianship. 306-425-1055; Foster care 306-425-5511; and the Prevention Services Unit is a community based Family Support Program, which places emphasis on establishing community resources that support families through preventative measures. 306-425-5509.
- **Red Cross:** completed a two-day training with LLRIB education staff at Senator Myles Venne School on Jan. 26 and 27, 2017. The course covered Signs of Harm on Children's and Youth's Faces (all forms of abuse and family violence), Intro to Healthy Schools, Bullying and Harassment, Healthy Relationships; Tools to Support: Look, Listen Link: Psychological First Aid and Support for Creating Safe Space. The Red Cross also held a Parents awareness training on Saturday, Jan. 28 at Bell's Point Elementary School
- **Ignite the Life:** 37 youth from several LLRIB communities attended a two-day suicide prevention workshop, *Ignite the Life*, in Saskatoon on Feb 2 and 3rd, 2017. Chief Tammy Cook-Searson was a guest speaker at the event.
- **Youth Support Workers** have been hired in most of the communities and they have

been planning and hosting events in their communities. If you would like to contact a Youth Support Worker in your community for more information please contact your local band office.

- **LLRIB General Election 2017:** Last working day for Chief and Council: Tuesday, Feb. 28. Notice of Nomination Date: Wednesday, March 1. Nomination Day (all electoral sections). Wednesday, March 22: Advance Poles (all polling stations). Friday, March 31: Election Day (all polling stations). Monday, April 3: Swearing in Ceremonies/First day of Office.
Anyone wishing to run for Chief or Council must be 18 years of age or over.

Online programming

- **REPORT BULLYING SK** Information available at www.iamstronger.ca
- **WEMATTERCAMPAIGN:** information available by email info@wemattercampaign.org or Facebook page fb.me/WeMatterCampaign; or online to wemattercampaign.org

Ongoing Programming

- **Little Kohkum's Club:** at Piwapan Outreach Centre (former Java Shack) Tuesdays and Thursdays. Wednesdays: Little Moshum's Club. For info call 306-425-3910.
- **Elders Tea and Social:** Thursdays beginning Thursday, Feb. 9 at the Kikinahk Friendship Centre. For info call 306-425-2051.
- **Parent Support and other Groups:**
- **La Ronge:** at the Brown building in Fairchild (123 Royal Street) on Wednesdays with transportation available both ways. Regular programming begins Wednesday, Jan. 3. For the first time PPP Teen Parenting program started Wednesday, Jan. 11 and will continue for eight weeks. For information call Susan or Wendy at 306-425-5509.
- **Senator Myles Venne School (SMVS):** Mondays: Yoga Club and Gr. 5/6 Basketball. Tuesdays: Resume/Job Search Workshop. Tuesdays and Thursdays: Archery, Jr. Basketball and (plus Saturday) Open Gym Nights. Wednesdays: Homework Club, Computer Club and Family Literacy Night. New Clubs: Boys Club, Youth events, Post-Secondary Tour, Aboriginal Shield. Driver Training starts in April. For transportation or information call 306-425-2478.
- **Poker Rally at SMVS to support school activities:** Saturday, Feb. 11 between 10 a.m. and 4:30 p.m. For info call 306-425-2478 or 306-425-9220.
- **Bell's Point Elementary School (BPES):** After school programming at 3:30 p.m., 6 p.m. and 7:30 p.m.: Monday Feb. 6: Computers, Lego Building and Blind Volleyball. Tuesday, Feb. 7: Skiing (weather permitting), Open Gym and Basketball. Wednesday, Feb. 8: Floor Hockey, Volleyball and Open Gym. Thursday, Feb. 9: Kids can Bake, Dodgeball and Volleyball. Friday, Feb. 10: Snowshoeing (weather permitting), Blind Volleyball and Volleyball. Monday, Feb. 13: Basketball, Open Gym and Dodgeball. Tuesday Feb 14 through Thursday Feb. 16: No programs. Friday, Feb. 17: Snowshoeing (weather permitting), Basketball and Volleyball. Monday Feb. 20: Holiday. Tuesday, Feb. 21 through Friday, Feb. 24: Programming between noon and 4 p.m. Monday, Feb. 27: Open Gym, Basketball and Volleyball. Tuesday, Feb. 28: Skiing (weather permitting), Volleyball and Open Gym. For information call 306-425-5600.

- **Hall Lake:** First Wednesday of each month presentations are provided on various topics at Sally Ross School. Every Thursday: Cooking and Parenting at the ICFS trailer. For info call 306-425-3536.
- **Sally Ross School Gym schedule:** Monday to Thursday Basketball, Monday and Wednesday: Kids Gym, Badminton and Volleyball. Tuesday: Kickball and Floor Hockey. Thursday: Dodgeball and Floor Hockey. Friday: Kids' Soccer, Archery for 14 and up and Basketball. For info call 306-425-5041.
At New Youth House #342B: Boy's Support Group on Tuesdays; Girl's Support Group on Thursdays; and Cooking and Baking on Wednesdays. For information call 306-425-8075.
- **Stanley Mission:** evening programming is ongoing: Monday: Healing, Sharing Circles at the Clinic; Tuesday to Friday: Exercise Night at the (Home Care office); Tuesday: Health Nutritional Cooking Classes at the (Home Care Office) and Men's at 325 B McLeod Street; Wednesday: AA Meeting in Clinic Board Room; Thursday: Sewing Club at the (Old Drop in) and Women's Programming at 325 B McLeod Street. For information call the Clinic at 1-306-635-2090.
- **Stanley Mission Youth Centre:** Bowling Alley: Closed Mondays. Open Tuesday through Sunday.
- **Youth Cross Country Snowmobile Adventure:** Stanley Mission to Brabant Lake (200 kms round trip) on Saturday, Feb. 11. For info call 306-635-2115 or 306-635-7017.
- **Youth Centre:** Sunday and Tuesday: Baking and Cooking; Monday and Wednesday: Crafts; Thursday: Movie Night; Friday and Saturday: Unspecified activities. For info call the Youth Workers at 306-635-2222.
- **Sucker River:** Monday: Gym Night. Tuesday: Cooking Class for Youth. Wednesday: Youth Night at EMMC. Thursday: Traditional Teachings and snacks at SR. For information call 306-425-5590.
- **Grandmother's Bay:** Monday: square dancing, boys Group for Grades 3/4/5, Badminton, computers/homework. Tuesday: Skiing for 8/9 year olds, Div. Creative Dancing group, Div. 3 Line Dancing, boys Group Grades 3/4/5, Badminton, Open rink. Wednesday: Div. 3 Creative group, Movie Club, Archery, Volleyball Co-ed Gr. 7/8/9. Thursday: Div. 2 Creative Group Dancing, Girl's Club, Badminton, open rink. Friday: High School students Gym Use. The Gym is open nightly to the community. For information call 306-635-2276.
- **Little Red River:** Wednesday: Parent Support Group; Monday: Girl's Group; Tuesday: Youth Therapeutic Art Group and Circle Talk, lunch and refreshments; Youth Drop In including wellness presentations for G.E.D. students. All programs at the ICFS trailer. For information call the Prevention Service Worker at 306-982-2314. Monday through Saturday: Gym Nights at the school. For information call the school at 306-982-4433.
- **Sewing:** The Youth Support workers continue with sewing classes for youth on Friday afternoons. The group completed Moss Bag and are working on moccasins at the Little Red River Health Centre.
- **1ST La Ronge Girl Guides** – three active units – Sparks for girls 5 and 6 (K and Gr.1) meet. at the Pre-Cam School library. Brownies for girls 7 and 8 (Gr. 2 and 3), meet Wednesdays at the Gordon Denny Community School library. Girl Guides

for girls 9 to 11 (Gr. 4 to 6) meet on Wednesday in the Pre-Cam Community School library. For info email Nikki Beaudin at nikkibeaudin@nlsd113.ca

Upcoming events

- **Forum on Human Trafficking: Community Forum to protect First Nation women:** Diane Redsky is a first Nation's women with more than 20-years experience working to end sexual exploitation and sex trafficking in Canada. The workshop will be held on Thursday, Feb. 9 between 9:30 a.m. and 3:30 p.m. with lunch provided at the JRMCC. Lunch and transportation provided. To register call 306-425-9109 or email lsanderson@lribhs.ca and anyone attending must be over 16 to attend.
- **Student First Anti-Bullying Forum:** "Our School Includes Everyone", will be launched Feb. 6. It is an Anti-Bullying Forum for all Saskatchewan school students Grade 6 and up. There will be a pre-event webinar for teachers on Tuesday, Jan. 31 between 3:45 and 4:15. Teachers and group facilitators are encouraged to schedule activities between Feb. 6 and 17 to lead up to Red Cross Pink Day. The program is offered through SaskTel's *I am Stronger* campaign. Information on the website iamstronger.ca is available under the Resource/Educator tab.
- **School Ski Championships**, Friday, Feb. 10 at Don Allen Trails. For info call Dean Squires at 306-420-7616.
- **Little Red River: LRRS Division 3 and 4 Ski Trip to Wapiti Valley ski resort:** Friday, Feb. 8.
- **We Matter Campaign** founders, Tunchai and Kelvin Redvers, will be in Lac La Ronge in March.
- **Fire Arm Safety PAL (Possession Acquisition Licence):** at Gordon Denny Community School Feb. 6 to 9. For info call 306-425-2997 Ext. 3.
- **Kisewatotatowin (Loving, Caring, Sharing, Respect):** Aboriginal Parenting 7-week Program beginning Tuesday, Feb. 14 at 10 a.m. to 4 p.m. at the Josephine Halkett Centre Little Red River. For info call 306-982-2511.
- **SMVS Winter Carnival:** Friday, Feb. 17. For info call 306-425-2478.
- **La Ronge:** 2017 Lac La Ronge Trapper's Winter Festival Feb. 17 to 26. A calendar of events is available at the Jonas Roberts Memorial Community Centre or online at www.jrmcc.ca or call 306-425-4852.
- **Pink Shirt Day:** Wednesday, Feb. 22. Participants in the Youth Employment Program plan activities with a focus on Bullying Prevention in the Workplace and will conclude with a Bullying Prevention Walk in the community on Friday, February 24th. For more info call 306-425-1757.
- **Mental Health First Aid – A First Nation perspective:** March 1, 2 and 3rd, 2017. For more info or to register call Karen Sanderson at 306-425-3910, or email exedir.piwapan@sasktel.net.
- **Saskaloppet:** Kapesewin (overnight) ski and camp on Friday, March 3 and races on Saturday, March 4. For info or to volunteer call Dorothy Looyestein at 306-425-7328.

Kid's Help Line: 1-800-668-6868. Emergency: 911; Saskatchewan Health Line: 811 First Nations and Inuit Hope for Wellness Help Line: 1-855-242-3310. Counselling is available 24/7 in Cree and English.

Piwapan Crisis Line at 306-425-4090, which is located in La Ronge.

Stanley Mission's new youth centre busy

By Valerie G. Barnes-Connell

Since they opened the doors of the new Youth Centre in Stanley Mission it's been non-stop busy.

The Centre opened in November 2015 and offers programming daily after school and during the weekend.

A highlight of the centre is a four-line state-of-the art bowling alley. The younger children come right from school on weekdays because "they know there's bowling," Naps Hardlotte, coordinator for the Youth Centre said in an interview.

The younger and older youth each have an opportunity to bowl for an hour daily.

There is programming for younger children right after school such as crafts and baking.

"They use the kitchen. They like the kitchen," Hardlotte said.

The Centre is open to youth 12 and up later in the evening. They are more interested in games, he said.

The Centre is equipped with pool tables, game tables, TVs and game stations, a large screen television and a stage.

The Centre is staffed with four youth workers each day, giving the youth an opportunity to do crafts, cook and other activities.

Hardlotte said he would like to bring more elders into the Centre to interact and teach youth on an ongoing basis.

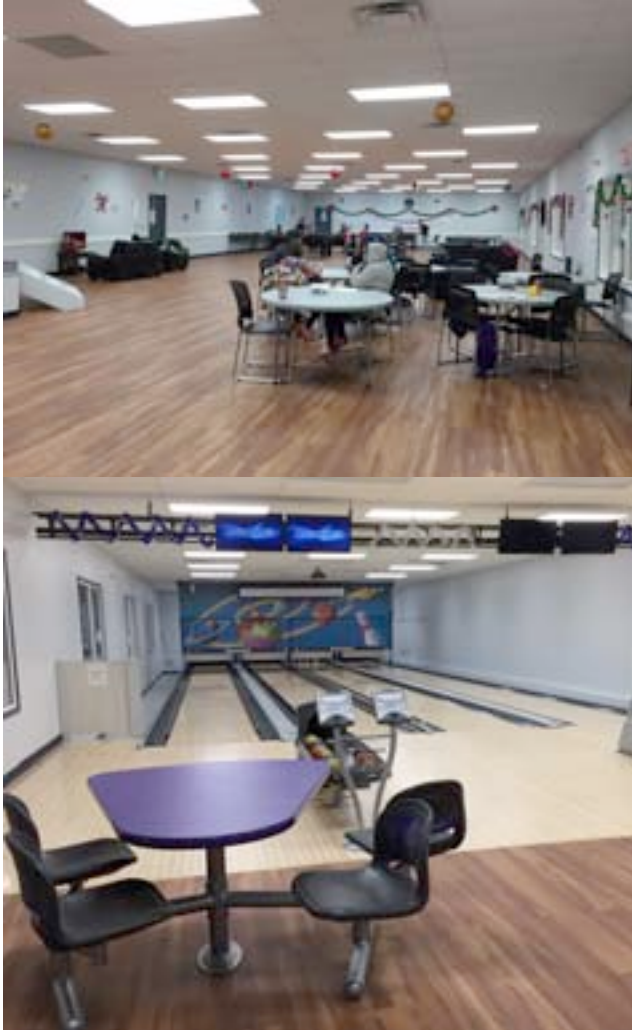
He also hopes to connect with other people in the community such as the sports and recreation coordinator, to offer more variety for the participants.

At times they offer supper and movie nights or lunches for participants. They held a Christmas supper with gifts and games on Dec. 23.

The Youth Centre hosted a Family Karaoke Night competition during the annual Addictions Awareness Week events in the community.

During the recent youth suicide crisis the Youth Centre and Band Hall were both kept open for extended hours in support of youth and families within the community, Hardlotte said.

Kitsaki Management Limited Partnership (KMLP), the economic development arm of the Lac La Ronge Indian Band (LLRIB) also provides funding to support staffing for the centre.



Photos by Valerie G. Barnes-Connell

Next week

What for news on the renovations and changes at the JRMCC.

For information or questions regarding the Weekly Update, please contact:

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The REOC is an information-sharing hub where each community can easily access contacts for staffing support, expertise and resources from key partnering agencies.