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Lac La Ronge Indian Band

Friday, January 6, 2017

Lac La Ronge Indian Band Weekly Updates

For the week of January 3 to 6, 2017.

Current Developments

- **Health Canada:** Mental health therapists from Health Canada continue to work with LLRIB Health Services in our communities.
- **Lac La Ronge Indian Band Health Services:** is coordinating and working with Youth Support Workers and the Red Cross.
- **ICFS:** Child and Family Services Agency Inc. services include Child Protection Services 306-425-5511; The Family Services Unit provides a number of mandatory services to parents to establish a plan for the care of children, childcare services, aids to parents and the voluntary surrender of guardianship. 306-425-1055; Foster care 306-425-5511; and the Prevention Services Unit is a community based Family Support Program which places emphasis on establishing community resources that support families through preventative measures. 306-425-5509.
- **ASIST (Applied Suicide Intervention and Skills Training) Training:** 19 staff and youth completed the ASIST 11 training at SMVS on Dec. 15 and 16, 2016.
- **LLRIB member-Cameron Halkett,** Grade 10 student, following the death of a friend by suicide, filmed a *We Matter Campaign* video. Where she shared her poem, *Beautiful*, and offered a message of hope and support to other youth.
- **Hall Lake film project:** Youth in Hall Lake completed a short video, filmed on location in Hall Lake and focused on raising awareness about the dangers of drinking and driving. The project is a contender in the SGI *Save a Life Challenge*.

Online programming

- **REPORT BULLYING SK** Information available at www.iamstronger.ca
- **WEMATTERCAMPAIGN:** information available by email info@wemattercampaign.org or Facebook page fb.me/WeMatterCampaign; or online to wemattercampaign.org

Ongoing Programming

- **Little Kohkum's Club:** at Piwapan Outreach Centre (former Java Shack) Tuesdays and Thursdays. Wednesdays: Little Moshum's Club. For info call 306-425-3910.
- **Parent Support and other Groups:**
- **La Ronge:** at the Brown building in Fairchild (123 Royal Street) on Wednesdays with transportation available both ways. Regular programming begins Wednesday, Jan.

3. For the first time PPP Teen Parenting program will be offered beginning Wednesday, Jan. 11 for eight weeks. For information call Susan or Wendy at 306-425-5509.
- **Hall Lake**-Wednesdays: presentations are provided on various topics at Sally Ross School. Thursdays: Cooking and Parenting at the ICFS trailer. For info call 306-425-3536.
At New Youth House #342B: Boy's Support Group on Tuesdays; Girl's Support Group on Thursdays; and Cooking and Baking on Wednesdays. For information call 306-425-8075.
 - **Stanley Mission:** evening programming is ongoing: Monday: Healing, Sharing Circles at the Clinic; Tuesday to Friday: Exercise Night at the (Home Care office); Tuesday: Health Nutritional Cooking Classes at the (Home Care Office) and Men's at 325 B McLeod Street; Wednesday: AA Meeting in Clinic Board Room; Thursday: Sewing Club at the (Old Drop in) and Women's Programming at 325 B McLeod Street. For information call the Clinic at 1-306-635-2090.
 - **Stanley Mission Youth Centre:** Bowling Alley: Closed Mondays. Open Tuesday through Sunday.
 - **Youth Centre:** Sunday and Tuesday: Baking and Cooking; Monday and Wednesday: Crafts; Thursday: Movie Night; Friday and Saturday: Unspecified activities. For info call the Youth Workers at 306-635-2222.
 - **Sucker River:** Tuesday, Jan. 10 Cooking Class for Children; Thursday, Jan. 12 Traditional Teachings and Saturday, Jan. 14 Ice Fishing (tentative). For info call 306-425-5590.
 - **Grandmother's Bay:** Staff at Nihithow Awasis School is currently rescheduling extracurricular activities. The activities will include: badminton, archery, cross-country skiing, skating, cooking and evening activities. For information call 306-635-3578.
 - **Little Red River:** Wednesday: Parent Support Group; Monday: Girl's Group; Tuesday: Youth Therapeutic Art Group and Circle Talk, lunch and refreshments; Youth Drop In including wellness presentations for G.E.D. students. All programs at the ICFS trailer. For information call the Prevention Service Worker at 306-982-2314. Monday through Saturday: Gym Nights at the school. For information call the school at 306-982-4433.
 - **Kikinahk Friendship Centre:** Programming beginning Monday, Jan. 9.
 - **SMVS:** Monday, Tuesday and Wednesday: Basketball; Wednesday: Computer Club. For info call 306-425-2478.
 - **BPES:** For programming info call 306-425-5600.

Upcoming events:

- **Little Red River: LRRS Division 3 and 4 Ski Trip on** Friday, Jan. 20.
- **Sewing Classes** for Youth Friday, Jan. 6, Thursday, Jan. 12, Friday, Jan. 20 and Thursday, Jan. 26 at Little Red River Health Centre. Parents and Guardians are encouraged to bring sewing machines if they have them.
- **Family Sliding** on Saturday, Jan. 14 at Little Red River Park.
- The Youth Support Workers are also fundraising to take youth bowling in Prince Albert Sundays Jan. 15 and 29. For info on activities call 306-960-2534.
- **SMVS La Ronge:** Games Night: Friday, Jan. 20 at SMVS Gym. Traditional Hand

Games with modern minute to win. For info call 306-420-9392.

• **Stanley Mission:** Friday, Jan. 27: Charity Hockey Game between FSIN/PAGC Chiefs and Stanley Mission Hawkes. For info call 306-635-7017.

• **Round Dance in Hall Lake:** Friday, Jan. 27, 2017 at 5 p.m. in the Sally Ross School gym Hall Lake, organized by the Hall Lake Youth Support Workers. For info call 306-425-8075.

• **Kid's Help Line: 1-800-668-6868. Emergency: 911; Saskatchewan Health Line: 811**

• **First Nations and Inuit Hope for Wellness Help Line: 1-855-242-3310.** Counselling is available 24/7 in Cree and English.

• **Piwapan Crisis Line at 306-425-4090**, which is located in La Ronge.

For information or questions regarding the Weekly Update, please contact:

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The REOC is an information-sharing hub where each community can easily access contacts for staffing support, expertise and resources from key partnering agencies.