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Lac La Ronge Indian Band

Friday, January 27, 2017

Lac La Ronge Indian Band Weekly Updates

For the week of January 23 to 27, 2017.

Current Developments

- **Lac La Ronge Indian Band Health Services and Health Canada:** Mental health therapists from Health Canada continue to work with LLRIB Health Services and providing support in all LLRIB communities. Those who need mental health services may call Prevention and Recovery at 425-9109. LLRIB Health is coordinating and continuing to provide services through the Youth Support Workers and the Red Cross.
- **ICFS:** Child and Family Services Agency Inc. services include Child Protection Services 306-425-5511; The Family Services Unit provides a number of mandatory services to parents to establish a plan for the care of children, childcare services, aids to parents and the voluntary surrender of guardianship. 306-425-1055; Foster care 306-425-5511; and the Prevention Services Unit is a community based Family Support Program, which places emphasis on establishing community resources that support families through preventative measures. 306-425-5509.

Online programming

- **REPORT BULLYING SK** Information available at www.iamstronger.ca
- **WEMATTERCAMPAIGN:** information available by email info@wemattercampaign.org or Facebook page fb.me/WeMatterCampaign; or online to wemattercampaign.org

Ongoing Programming

- **Little Kohkum's Club:** at Piwapan Outreach Centre (former Java Shack) Tuesdays and Thursdays. Wednesdays: Little Moshum's Club. For info call 306-425-3910.
- **Elders Tea and Social:** Thursdays beginning Thursday, Feb. 9 at the Kikinahk Friendship Centre. For info call 306-425-2051.
- **Parent Support and other Groups:**
- **La Ronge:** at the Brown building in Fairchild (123 Royal Street) on Wednesdays with

transportation available both ways. Regular programming begins Wednesday, Jan. 3. For the first time PPP Teen Parenting program started Wednesday, Jan. 11 and will continue for eight weeks. For information call Susan or Wendy at 306-425-5509.

- **Senator Myles Venne School (SMVS):** Mondays: Yoga Club and Gr. 5/6 Basketball. Tuesdays: Resume/Job Search Workshop. Tuesdays and Thursdays: Archery, Jr. Basketball and (plus Saturday) Open Gym Nights. Wednesdays: Homework Club, Computer Club and Family Literacy Night. New Clubs: Boys Club, Youth events, Post-Secondary Tour, Aboriginal Shield. Driver Training starts in April. For transportation or information call 306-425-2478.
- **Bell's Point Elementary School (BPES):** After school programming: Monday, Jan. 30: Open Gym, Dodgeball, Basketball. Tuesday, Jan. 31: Computers/Lego Building, Volleyball, Blind Volleyball. For information call 306-425-5600.
- **Hall Lake:** First Wednesday of each month presentations are provided on various topics at Sally Ross School. Every Thursday: Cooking and Parenting at the ICFS trailer. For info call 306-425-3536.
- **Sally Ross School Gym schedule:** Monday to Thursday Basketball, Monday and Wednesday: Kids Gym, Badminton and Volleyball. Tuesday: Kickball and Floor Hockey. Thursday: Dodgeball and Floor Hockey. Friday: Kids' Soccer, Archery for 14 and up and Basketball. For info call 306-425-5041.
At New Youth House #342B: Boy's Support Group on Tuesdays; Girl's Support Group on Thursdays; and Cooking and Baking on Wednesdays. For information call 306-425-8075.
- **Stanley Mission:** evening programming is ongoing: Monday: Healing, Sharing Circles at the Clinic; Tuesday to Friday: Exercise Night at the (Home Care office); Tuesday: Health Nutritional Cooking Classes at the (Home Care Office) and Men's at 325 B McLeod Street; Wednesday: AA Meeting in Clinic Board Room; Thursday: Sewing Club at the (Old Drop in) and Women's Programming at 325 B McLeod Street. For information call the Clinic at 1-306-635-2090.
- **Stanley Mission Youth Centre:** Bowling Alley: Closed Mondays. Open Tuesday through Sunday.
- **Youth Centre:** Sunday and Tuesday: Baking and Cooking; Monday and Wednesday: Crafts; Thursday: Movie Night; Friday and Saturday: Unspecified activities. For info call the Youth Workers at 306-635-2222.
- **Sucker River:** Monday: Gym Night. Tuesday: Cooking Class for Youth. Wednesday: Youth Night at EMMC. Thursday: Traditional Teachings and snacks at SR. For information call 306-425-5590.
- **Grandmother's Bay:** Monday: square dancing, boys Group for Grades 3/4/5, Badminton, computers/homework. Tuesday: Skiing for 8/9 year olds, Div. Creative Dancing group, Div. 3 Line Dancing, boys Group Grades 3/4/5, Badminton, Open rink. Wednesday: Div. 3 Creative group, Movie Club, Archery, Volleyball Co-ed Gr. 7/8/9. Thursday: Div. 2 Creative Group Dancing, Girl's Club, Badminton, open rink. Friday: High School students Gym Use. The Gym is open nightly to the community. For information call 306-635-2276.
- **Little Red River:** Wednesday: Parent Support Group; Monday: Girl's Group; Tuesday: Youth Therapeutic Art Group and Circle Talk, lunch and refreshments;

Youth Drop In including wellness presentations for G.E.D. students. All programs at the ICFS trailer. For information call the Prevention Service Worker at 306-982-2314. Monday through Saturday: Gym Nights at the school. For information call the school at 306-982-4433.

- **1ST La Ronge Girl Guides** – three active units – Sparks for girls 5 and 6 (K and Gr.1) meet. at the Pre-Cam School library. Brownies for girls 7 and 8 (Gr. 2 and 3), meet Wednesdays at the Gordon Denny Community School library. Girl Guides for girls 9 to 11 (Gr. 4 to 6) meet on Wednesday in the Pre-Cam Community School library. For info email Nikki Beaudin at nikkibeaudin@nlsd113.ca

Upcoming events

- **Attention All Parents and Adults:** Saturday, Jan. 28 between 10 a.m. and 4 p.m. free Re Cross training on Affects of Substance Abuse on Children, Domestic Violence/Healthy Relationships, How to speak to teens who are shutting out, Cyber Bulling and Teen Suicide, Two-Spirited people, Anger Management and Scrapbooking (bring pictures) at Bell's Point Elementary School. Buses to begin pickups at 9:15 a.m. For info call Ann Ratt at 306-425-2185 or 306-425-7455.
- **ASIST – Applied Suicide Intervention Skills Training:** Northlands Air Ronge campus on Monday, Feb. 6 and Tuesday, Feb. 7 Fees: \$75 with capacity seating for 30. To apply call Northlands College at 306-425-4689 before deadline Thursday, Feb. 2.
- **Student First Anti-Bullying Forum:** “Our School Includes Everyone”, will be launched Feb. 6. It is an Anti-Bullying Forum for all Saskatchewan school students Grade 6 and up. There will be a pre-event webinar for teachers on Tuesday, Jan. 31 between 3:45 and 4:15. Teachers and group facilitators are encouraged to schedule activities between Feb. 6 and 17 to lead up to Red Cross Pink Day. The program is offered through SaskTel's *I am Stronger* campaign. Information on the website iamstronger.ca is available under the Resource/Educator tab.
- **Little Red River: LRRS Division 3 and 4 Ski Trip:** Friday, Feb. 8.
- **The Little Red River Youth Support Workers** are also fundraising to take youth bowling in Prince Albert Sunday, Jan. 29. For info on activities call 306-960-2534.
- **Stanley Mission:** Friday, Jan. 27: Charity Hockey Game between FSIN/PAGC Chiefs and Stanley Mission Hawkes. For info call 306-635-7017.
- **Round Dance in Hall Lake:** Friday, Jan. 27, 2017 at 5 p.m. in the Sally Ross School gym Hall Lake, organized by the Hall Lake Youth Support Workers. For info call 306-425-8075.
- **Fire Arm Safety PAL (Possession Acquisition Licence):** at Gordon Denny Community School Feb. 6 to 9. For info call 306-425-2997 Ext. 3.
- **Pink Shirt Day:** Wednesday, Feb. 22. Participant in the Youth Employment Program plan activities focusing on Bullying Prevention in the Workplace and culminating on Friday, Feb. 24 with a Bullying Prevention Walk in the community. For info call 306-425-1757.
- **Kisewatotatowin (Loving, Caring, Sharing, Respect):** Aboriginal Parenting 7-week Program beginning Tuesday, Feb. 14 at 10 a.m. to 4 p.m. at the Josephine Halkett Centre Little Red River. For info call 306-982-2511.
- **SMVS Winter Carnival:** Friday, Feb. 17. For info call 306-425-2478.
- **La Ronge:** 2017 Lac La Ronge Trapper's Winter Festival Feb. 17 to 26. A calendar of events is available at the Jonas Roberts Memorial Community Centre or online at

www.jrmcc.ca or call 306-425-4852.

- **Kid's Help Line: 1-800-668-6868. Emergency: 911; Saskatchewan Health Line: 811**
- **First Nations and Inuit Hope for Wellness Help Line: 1-855-242-3310.** Counselling is available 24/7 in Cree and English.
- **Piwapan Crisis Line at 306-425-4090**, which is located in La Ronge.

For information or questions regarding the Weekly Update, please contact:

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The REOC is an information-sharing hub where each community can easily access contacts for staffing support, expertise and resources from key partnering agencies.